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We claim:

- 1. A method for performing optical signal and beam distribution in a heterodyne 1
- interferometer, the method comprising: 2

providing a planar lightwave circuit comprising a plurality of waveguide optical transmission elements and an input coupler and an output coupler arranged along the optical transmission elements;

matching optical pathlengths of the transmission elements between the input coupler and the output coupler to compensate for thermal effects; and

determining reference and measurement optical phases employing the input coupler and the output coupler.

- 2. The method according to claim 1, wherein the input coupler and the output coupler comprise optical waveguide directional couplers.
- 3. The method according to claim 1, wherein the input coupler and the output coupler comprise multimode interference (MMI) devices. 2
- 4. The method according to claim 1, wherein the input couplers comprise waveguide Y-1 branch couplers. 2

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- 6. The method according to claim 1, wherein the output directional couplers are operable to provide a differential output appropriate for balanced detection.
 - 7. The method according to claim 1, wherein the output couplers comprise a 2x2 multimode interference device operable to provide a differential output appropriate for balanced detection.
 - 8. The method according to claim 1, wherein the output coupler comprises a 2x1 combiner operable to provide a single ended output.
 - 9. The method according to claim 1, further comprising: utilizing at least one of the input coupler and the output coupler to split off a reference phase signal; and
 - selecting a coupling ratio for at least one of the input coupler and the output coupler to optimize a detected heterodyne output signal when unequal losses are encountered in either measurement optical paths or reference optical paths.
- 1 10. The method according to claim 1, further comprising:

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- 17. The method according to claim 1, further comprising:
- 2 fabricating selected mode polarization strippers at an input port and an output port of the
- 3 planar lightwave circuit.
- 1 18. The method according to claim 17, further comprising:
 - positioning a metal layer above or below the planar lightwave circuit; and inducing optical evanescent H-field currents in the metal to selectively strip a TM polarization mode off at the input and output ports.
 - 19. A device operable to distribute optical signals and beams in a heterodyne interferometer, the device comprising:
 - a planar lightwave circuit comprising a plurality of waveguide optical transmission elements; and
 - an input coupler and an output coupler arranged along the optical transmission elements
- and operable to determine reference and measurement optical phases, wherein optical
- 7 pathlengths of the optical transmission elements between the input coupler and the output
- 8 coupler are matched to compensate for thermal effects.
- 1 20. The device according to claim 19, wherein the couplers comprise optical waveguide
- 2 directional couplers.
 - 21. The device according to claim 19, wherein the couplers comprise multimode

interference devices. 2 22. The device according to claim 19, wherein the couplers comprise waveguide Y-1 branch couplers. 2 23. The device according to claim 19, wherein the output coupler comprises a waveguide 1: 2 directional coupler having a 50:50 splitting ratio. 24. The device according to claim 23, wherein the output coupler is operable to provide a differential output appropriate for balanced detection. 25. The device according to claim 20, wherein the output coupler is operable to provide a differential output appropriate for balanced detection. 26. The device according to claim 19, wherein the output coupler comprises a 2x2 multimode interference device operable to provide a differential output for balanced detection. 2 27. The device according to claim 19, wherein the output coupler comprises a 2x1 1 2 combiner operable to provide a single ended output.

output coupler is operable to split off a reference phase signal.

29. The device according to claim 19, wherein at least one of the input coupler and the

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30. The device according to claim 19, wherein at least one of the input coupler has a 1 2 coupling ratio operable to optimize a detected heterodyne output signal when encountering unequal losses in measuring optical paths or reference optical paths. 3 31. The device according to claim 19, wherein the optical transmission elements are 1 embedded in a silica layer. 2 32. The device according to claim 19, wherein the substrate is silicon. 33. The device according to claim 19, wherein the substrate is quartz. N 34. The device according to claim 19, wherein the planar lightwave circuit comprises at least one of a polymer, a III-V semiconductor, silicon and lithium niobate. 35. The device according to claim 19, wherein the planar lightwave circuit further 1 2 comprises: crossings of the waveguide optical transmission elements, the waveguide crossings being 3 operable for application specific required minimal crosstalk. 4 5 36. The device according to claim 19, further comprising: 6 selected mode polarization strippers arranged at an input port and an output port of the 7

planar lightwave circuit.

- 1 37. The device according to claim 36, wherein the TM polarization mode is selectively
- 2 stripped off at the input and output ports by the use of optical evanescent H-field induced
- 3 currents in an appropriately positioned metal above or below the optical waveguide.